



64 West St., Danbury, CT
 (Entrance on William St.)
 203-794-0819

New Heights' Hours
 Mon & Tues: 8:30am - 4:30pm
 Wed: 8:30am - 3:00pm
 Thurs: 8:30am - 5pm
 Sat: 10am - 3pm



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

SATURDAY

<p>★ ★ ★ ★ ★</p> <p>Come enjoy a <i>festive</i> afternoon featuring a classic cookout, great food, and time with friends as we celebrate 250 years of American independence. We look forward to celebrating with you!</p> <p>★ ★ ★ ★ ★</p> <p>THURSDAY, JULY 2ND FROM 12PM TO 2PM</p>		<p>1 9:15 Cinnamon Rolls</p>  <p>9:30 Community Meeting</p> <p>10 Left Center Right 11 Food & Nutrition 12 The Skills Studio</p> <p>1 Coping with Depression 2 Midweek Munchies</p> 	<p>2</p> <p>INDEPENDENCE DAY PICNIC at New Heights</p> <p>12-2 \$3.00</p>	<p>4</p> <p>WE'LL BE CLOSED ON JULY 4TH</p> <p>TO CELEBRATE THE HOLIDAY THANK YOU FOR YOUR UNDERSTANDING</p> <p>★ ★ ★ ★ ★ ★ ★ ★ ★ ★</p>
<p>6</p> <p>10 Diversity Matters (America 250) 11 Bingo 12 Pictionary 1 Sit & Stretch w/ Ed 2 Trip to Three Brothers Diner 3:15 Ice Cream Sandwich Social</p>	<p>7</p> <p>10 Positive Thinking 11 Art Show Prep! 12 Peanut Butter & Jelly OR Fluff w/chips & banana (\$3) (Sign-up by 11:30) 12:30-1:15 Taekwondo-No belt through Yellow 1:15-2 Taekwondo-Orange Belt and Higher 2 Building Esteem 3 Karaoke</p> 	<p>8</p> <p>9:15 Cinnamon Rolls</p>  <p>9:30 Community Meeting</p> <p>10 Left Center Right 11 Food & Nutrition 12 The Skills Studio</p> <p>1 Coping with Depression 2 Midweek Munchies</p> 	<p>9</p> <p>9 Breakfast Club</p> <p>10 Pictionary 11 Coping with Anxiety 12 Pasta w/ Garlic Bread (\$3) (Sign-up by 11:30)</p> <p>1 Better Days 2 Practicing Assertiveness 3 Me & My Mental Health</p> 	<p>11</p> <p>10:30 Trip to FERRIS ACRES Creamery (Opens at 11am)</p> <p>12:30 Open Art 1:30 Party Games</p>
<p>13</p> <p>10 Open Advisory Meeting 11 Bingo 12 Pictionary 1 Sit & Stretch w/ Ed 2 Trip to Michaels THE ARTS & CRAFTS STORE 3:15 Ice Cream Sandwich Social</p> 	<p>14</p> <p>10 Positive Thinking 11 Art Show Prep! 12 Hot Dog w/ Mac & Cheese(\$3) (Sign-up by 11:30) Monthly Birthday Brownies 12:30-1:15 Taekwondo-No belt through Yellow 1:15-2 Taekwondo-Orange Belt and Higher 2 Building Esteem 3 Karaoke</p> 	<p>15</p> <p>9:15 Cinnamon Rolls</p>  <p>9:30 Community Meeting</p> <p>10 Left Center Right 11 Food & Nutrition 12 The Skills Studio</p> <p>1 Coping with Depression 2 Midweek Munchies</p> 	<p>16</p> <p>9 Breakfast Club</p> <p>10 Pictionary 11 Coping with Anxiety 12 Peanut Butter & Jelly OR Fluff w/chips & banana (\$3) (Sign-up by 11:30)</p> <p>1 Better Days 2 Practicing Assertiveness 3 Me & My Mental Health</p> 	<p>18</p> <p>10:30 Trip to MUSCOOT FARM</p> <p>12:30 Open Art 1:30 Party Games</p>
<p>20</p> <p>9:30 Tarrywile Walk w/ Ed 11 Bingo 12 Pictionary 1 Sit & Stretch w/ Ed 2 Trip to Ocean State JOB LOT 3:15 Ice Cream Sandwich Social</p> 	<p>21</p> <p>10 Positive Thinking 11 Back to Work w/ Ability Beyond (Conference Room) 11 Art Show Prep! (Art Room) 12 Peanut Butter & Jelly OR Fluff w/chips & banana (\$3) (Sign-up by 11:30) 12:30-1:15 Taekwondo-No belt through Yellow 1:15-2 Taekwondo-Orange Belt and Higher 2 Building Esteem 3 Karaoke</p> 	<p>22</p> <p>9:15 Cinnamon Rolls</p>  <p>9:30 Community Meeting</p> <p>10 Left Center Right 11 Food & Nutrition 12 The Skills Studio</p> <p>1 Coping with Depression 2 Midweek Munchies</p> 	<p>23</p> <p>9 Breakfast Club</p> <p>10 Pictionary 11 Coping with Anxiety 12 Grilled Cheese Sandwich w/ Chips & Pickle(\$3) (Sign-up by 11:30) 1 Better Days 2 Practicing Assertiveness 3 Me & My Mental Health</p> 	<p>25</p> <p>10:30 Trip to VENICE RESTAURANT & PIZZA (Opens at 11 am)</p> <p>12:30 Open Art 1:30 Party Games</p> 
<p>27</p> <p>10 Center for Empowerment & Education 11 Bingo 12 Pictionary 1 Sit & Stretch w/ Ed 2 Trip to Newtown General Store 3:15 Ice Cream Sandwich Social</p> 	<p>28</p> <p>10 Positive Thinking 11 Art Show Prep! 12 Hot Dog w/ Mac & Cheese(\$3) (Sign-up by 11:30) 12:30-1:15 Taekwondo-No belt through Yellow 1:15-2 Taekwondo-Orange Belt and Higher 2 Building Esteem 3 Karaoke</p> 	<p>29</p> <p>9:15 Cinnamon Rolls</p>  <p>9:30 Community Meeting</p> <p>10 Left Center Right 11 Food & Nutrition 12 The Skills Studio</p> <p>1 Coping with Depression 2 Midweek Munchies *Ed's Choice*</p> 	<p>30</p> <p>9 Breakfast Club</p> <p>9:30: Tie-Dye to End July</p> <p>12 Tuna Fish Sandwich, Chips, & a Pickle (\$3)(Sign-up by 11:30) 1 Better Days 2 Practicing Assertiveness 3 Me & My Mental Health</p>	

ATTENTION: The activity calendar is subject to change.

