

DON'T GO HUNGRY

Catholic Charities
of Fairfield County
can help.



Am I eligible?

We can help



Application Assistance

Schedule an appointment on our
CAP web page or call 203-750-9711



Contact

203-750-9711



Supplemental
Nutrition
Assistance
Program

**CCFC SNAP
Outreach &
Assistance**

(also known as food stamps)

Monthly Income Limits	
Household Size	Gross Income Limit (applies to most households, except those in which at least one person is 60 years of age or older, or receives disability income)
1	\$2,430
2	\$3,287
3	\$4,144
4	\$5,000
5	\$5,857
6	\$6,714
7	\$7,570