

ATTENTION, CT RESIDENTS!

As of **October 1, 2022**, the thresholds for qualifying for SNAP have **increased!**

Even if you were ineligible before, **you may be eligible now!**



| Household Size | Gross* Monthly Income Limit | Net** Monthly Income Limit | Gross* Annual Income Limit | Maximum Possible SNAP Benefit |
|----------------|-----------------------------|----------------------------|----------------------------|-------------------------------|
| 1 | \$2,265 | \$1,133 | \$27,180 | \$281 monthly |
| 2 | \$3,052 | \$1,526 | \$36,624 | \$516 monthly |
| 3 | \$3,838 | \$1,920 | \$46,056 | \$740 monthly |
| 4 | \$4,625 | \$2,313 | \$55,500 | \$939 monthly |
| 5 | \$5,412 | \$2,706 | \$64,944 | \$1,116 monthly |
| 6 | \$6,198 | \$3,100 | \$74,376 | \$1,339 monthly |
| 7 | \$6,985 | \$3,493 | \$83,820 | \$1,480 monthly |

***Gross Income:**
Wages before payroll deductions like taxes, health insurance, or retirement plans

****Net Income:**
Take-home wages after payroll deductions (in other words, what actually shows up in your bank account)

For more information:

Visit the **CT Department of Social Services website** to see if you qualify and to fill out your application:

connect.ct.gov

OR

Call the **End Hunger Connecticut! confidential hotline** to ask questions, to see if you qualify, and to get help with your application:

(866) 974-SNAP (7627)

Monday - Friday: 8am - 8pm
Saturday & Sunday: 9am - 5pm